



G & L SEAFOOD

FROZEN SEAFOOD IMPORTER AND DISTRIBUTOR

2416 CHICO AVE, SOUTH EL MONTE, CA 91733



PRODUCT CATALOG



glseafood.com

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Swai
Tilapia
Whole Fish
Steaks, Fillets
Squid
Octopus
Snails
and more

Our Products

SWAI

Swai Whole

Cá bông lau nguyên con | 鯪魚

Whole Cleaned, Head On, Tail On,
1500/UP, 30LBS / 2-3LBS per piece, 777
brand, Vietnam



Swai Fillet

Cá phi lê | 袋装鯪魚片

IQF, 7/9, 10 X 2 LB bag, 777 brand,
Vietnam



Swai Steak

Cá bông lau cắt khúc | 鯪魚扒

3cm thick, 7-9 cm, 15 X 2 LB bag, 777
brand, Vietnam



Swai Sliced

Cá bông lau không đầu cắt khúc | 無
頭鯪魚

Whole Headless, Sliced, 30 LBS /
850-950G per piece, 777 brand,
Vietnam



Swai Fillet Block

Cá phi lê | 鯪魚片

8/10, 10/UP, 1 X 22 LBS, Vietnam



TILAPIA

Tilapia Gutted & Scaled

Cá rô phi làm sạch | 羅非魚清潔

Whole Round, IQF, IWP, 350/550,
550/750, 750/950, 950/UP, 1 X 40 LBS,
777 brand, Taiwan, Vietnam



Tilapia Whole

Cá rô phi | 羅非魚

Whole Round, IQF, IWP, 600/800,
800/1000, 1000/UP, 1000/1500, 1800/
UP, 1 X 40 LBS, 777 brand, Taiwan



Red Tilapia

Cá diêu hồng | 紅羅非魚

Whole Round, IQF, IWP, 600/800, 800/
UP, 1 X 40 LBS, 777 brand, Taiwan,
Vietnam



WHOLE FISH

Golden Pomfret

Cá chim vàng | 金鯧魚

IQF, IWP, 600/800, 700/900, 800/1000, 900/UP, 1 X 40 LBS, 777 brand, China



Mackerel Pike

Cá thu | 秋刀魚

IQF, 300/500, 600/800, 800/1000, 1000/UP, 1 X 40 LBS, 777 brand, Taiwan



Mackerel Norway

Cá nục bông | 鯖魚

IQF, 300/500, 400/600, 1 X 44 LBS, Norway



Round Scad Galongon

Cá nục | 藍圓鯰

200/300, 300/500, 6 X 5 LBS, 777 brand, China



Milk Fish

Cá măng | 蝨目魚

800/UP, 1 X 40 LBS, 777 brand, Taiwan, Farm raised



Red Drum

Cá hồng | 紅鼓魚

IQF, 800/UP, 1 X 40 LBS, 777 brand, Taiwan



Rex Sole

Cá lưởi trâu | 龍利魚

IQF or Block, 1L - 400/600, 2L - 600/800, 3L - 800/1000, 4L, USA



Belt Fish

Cá hổ | 帶魚

IQF, IWP, 700/1000, 1000/UP, 1 X 22 LBS, 777 brand, Origins: India, Venezuela



Golden Threadfin Seabream

Cá đồng cờ | 金線魚

IQF, 200/300, 300/400, 400/500, 8 X 3 LBS, India



Striped Bass

Cá hành xanh | 百花鱸

IQF, IWP, 600/800, 800/UP, 1 X 40 LBS, 777 brand, Taiwan



Giant Perch

Cá chēm | 金目鱸

Whole Round, IQF, IWP, 800/UP, 1 X 40 LBS, 777 brand, Taiwan, Farm raised



Bonito

Cá ngừ | 鯷魚

IQF, 2/4, 4/6, 1 X 40 LBS, Vietnam, Wild, 777 Brand



WHOLE AND PREPARED FISH

Stewed Clay Pot Cobia Fish

Cá bớp kho tộ | 燉軍曹魚

Fully cooked in natural clay pot. 12 X 12 OZ POT, 777 brand, Vietnam

NEW



Goby Fish

Cá Kèo | 泥鰍

13 CM/UP, 40 X 14 OZ tray, packed and vacuumed, 777 brand, Vietnam



Featherback Fish

Cá thác lác | 七星魚

900/UP, 30 LBS, 777 brand, Vietnam



Yellowstripe Trevally Fish

Cá Chỉ Vàng | 君令金線魚

Wild Caught, IQF, 40 X 14 OZ tray, 777 brand, Vietnam



Baby Round Scad

Cá nục thuần | 小藍圓鰱

IQF, IWP, 4/6, 10 X 2 LBS, 777 brand, Vietnam



Oilfish Escolar

Cá tuyết giả | 白玉豚

IVP, 6 OZ/UP, 1 X 20 LBS, 777 brand, Taiwan



Indian Mackerel

Cá bạc má | 印度鯖魚

IQF, IWP, 4/6, 10 X 2 LBS, 777 brand, China



Sand Goby Headless

Cá bống cát nguyên con làm sạch | 筍殼魚

Whole Cleaned, IQF, 50-100G, 40 X 14 OZ



Riverbarb Fish

Cá he | 金鯽魚

IQF, 250/UP, 300/UP, 40 LBS / 2 PCS per pack, 777 brand, Vietnam, Farm raised



Marinated Tinfoil Barb

Cá He Tẩm Gia Vị | 腌制紅鯽魚

Marinated (Salt), 40 X 14 OZ pack, 777 brand, Vietnam, Farm raised



Ribbon Fish / Belt Fish Chunk

Cá Hồ Cắt Khúc | 帶魚塊

14OZ X 34 trays, 777 brand, Wild Caught, Vietnam



WHOLE AND PREPARED FISH

Sierra

Cá thu ảo | 馬鮫魚

Whole Round, IQF, 2/4, 1 X 40 LBS,
Mexico



Butterfish

Cá chim gai | 銀鯧魚

IQF, 200/300, 300/400, 1 X 22 LBS,
Ecuador



Smelt

Cá lòng tong | 白飯魚

Head On, IQF, 3/5, 1 X 11 LBS



Capelin

Cá bóng trứng | 多春魚

40/50, 1 X 44 LBS, Norway



Lady Fish

Cá măng

0/1, 1/2, 2/4, 25 LBS, Mexico



Blue Runner

Cá ngân

0/1, 1/2, 2/4, 25 LBS, Mexico



Rohu-rohu

Cá trôi nguyên con | 鱸魚

Whole Round, IQF, IWP, 800/1200,
1200/1400, 1 X 40LBS, 777 brand, Farm
Raised, Vietnam



Broadhead Clarias Fish

Cá Trê Vàng | 黃塘蝨魚

IQF, gutted & headless, vacuum packed,
15 X 2 PCS (30LBS CS), 777 brand,
Vietnam



King Weakfish

Headed & Gutted

180/220 (4-5 PCS), 220G/UP (3-4 PCS),
10 X 2LBS, 777 brand, Brazil



PREPARED FISH CONT.

White Anchovy

Cá Cơm Trắng Làm Sạch Bỏ Đầu | 春江魚

Wild Caught, Headless & Gutted, 40 X 14 OZ tray, 777 brand, Vietnam



Sillago Headless

Cá Đục Bỏ Đầu | 无头沙尖魚

IQF, Tray, 40 X 12 OZ pack, 777 brand, Vietnam



Bombay Duck Fish

Cá Khoai | 九肚魚

Wild Caught Headless, 35 X 14 OZ tray, 777 brand, Vietnam



Semi-Dried Salted Cobia

Khô cá lăng phòng | 鹹魚

40 LBS / 16 OZ pack, 777 brand, Vietnam



Swamp Eel Steak

Lươn cắt khúc | 鰻魚

12OZ X 40TRAY (30LBS), 777 brand, Farm Raised, Vietnam



SHRIMP

Head On Shrimp

Tôm có đầu | 有头虾

20/30, 30/40, 40/50, 50/60, 60/70, 70/80, 80/100, Mexico, Ecuador, Venezuela



Headless Shrimp

Tôm có vỏ không đầu | 无头虾

21/25, 26/30, 31/35, 31/40, 36/40, 41/50, 51/60, 91/120, 110/UP, 110/130, Mexico, Ecuador, India, Venezuela



Freshwater Shrimp

Tôm càng | 大头虾

Head On, 1/2, 2/4, 4/6, 6/8, 10 X 2 LBS, India



Peeled & Deveined Shrimp

Tôm làm sạch | 虾仁无肠

26/30 (IQF), 31/40 (IQF), 41/50, 51/60, 61/70, 91/110, India, Ecuador, China, Honduras



SQUID, CUTTLFISH, AND OCTOPUS

Squid Tube

Mực ống | 魷魚筒

IQF, U/5, 1 X 22 LBS, 777 brand, China



Squid Tube (Retail)

Mực ống | 魷魚筒

IQF, U/5, 1 X 22 LBS, 777 brand, China



Squid Ring

Mực cắt khoanh

IQF, 0/UP, 30 X 14 OZ, 777 brand, China



Squid Loligo Tube & Tentacle

Mực làm sạch có đầu | 魷魚筒

3/5, 5/8, 30 X 14 OZ pack, 777 brand, China



Carving Squid

Mực cắt bông | 刻花魷魚

IQF, 0/UP, 30 X 14 OZ, 777 brand, China



Cuttlefish

Mực nang

Whole Clean, 1/2, U/1, 1 X 22 LBS, Diamond brand, India



Octopus

Bạch tuộc | 章魚

Whole Cleaned, IQF, 2/4, 1 X 30 LBS, Phillippines



California Squid

Mực hộp | 魷魚

12 X 3 LBS, 6 X 5 LBS, California



Baby Octopus

Bạch tuộc | 小章魚

16/25, 12 X 2 LBS, Vietnam



SHELLFISH

Frozen Cooked Blood Cockle

Sò Huyết hấp chín Đông Lạnh | 血蚶
Cooked Whole, 40 X 14 OZ tray, 777 Brand, Vietnam



Cooked Snails in Coconut Cream

ốc len xào dừa | 椰汁螺
200/220, 48 X 2 OZ box, 777 brand, Vietnam



Baby Clam Meat

Thịt hến | 小蛤蜊肉
IQF, 40 X 12 OZ pack, 777 brand, Vietnam



Cooked Whole Apple Snails

Ốc Bươu | 田螺
Wild Caught, 40 X 14 OZ tray, 777 brand, Vietnam



Apple Snail Meat

Thịt ốc bươu | 田螺肉
200/220, 40 X 14 OZ tray, 777 brand, Vietnam



Cooked Whole Snails

Ốc hương | 東風螺
Whole Cooked, 30/50, 50/80, 20 X 2 LBS, 777 Brand, India



Scallops

Sò điệp | 扇贝
IQF, 10/20, 40/60, 60/80, 80/120, U/10, 25 X 1 LB, 6 X 5 LBS, China, USA



Sea Scallop Half Shell

Sò Địch | スカラップ
Frozen Raw Half Shell, 40 X 12 OZ tray, 777 brand, Vietnam



Abalone Cooked

Bào Ngư | 鮑魚
Cooked, Whole Round, 30 X 1.1 LB Tray, 777 Brand, Vietnam



Whole White Clam

Nghêu Trắng | 白蚶 | 백합조개
Wild Caught, Sizes: 17-22, 27-32, 15 X 2LB, 777 brand, Vietnam



Clam Meat

Thịt Nghêu | 蚶肉 | 조개고기
Wild Caught, 40 X 12 OZ tray, 777 brand, Vietnam



Razor Clam

Ốc Móng Tay | 蜆子
Frozen Whole Razor Clam, 40 X 12 OZ, 777, Vietnam



OTHER SPECIALTY

Cooked Silkworm

Nhộng luộc | 蚕蛹

60 x 8 OZ TRAYS, 777 brand, Vietnam



Frog Legs

Đùi Ếch | 田雞腿

Sizes: 2/4, 4/6, 6/8, 30 X 1LB Tray, 777 Brand, Vietnam



Periwinkle Meat

Thịt ốc hương | 東風螺肉

40/60, 60/80, 30 X 14 OZ pack, 777 brand, China



Seafood Mix

Hải sản thập cẩm | 綜合海鮮

30 X 1 LB bag, 777 brand, China



Imitation Crab Flake

Thịt cua giả | 假蟹肉

30 X 1 LB, China



Imitation Crab Stick

Thịt cua giả dạng cây | 假蟹肉條

30 X 1 LB, China



Mussels

Vẹm xanh | 青口贝

12 X 2 LBS, New Zealand



Crab Concentrate

Nước Cốt Cua Đồng | 田蟹料理

34 X 14 OZ, 777 Brand, Vietnam



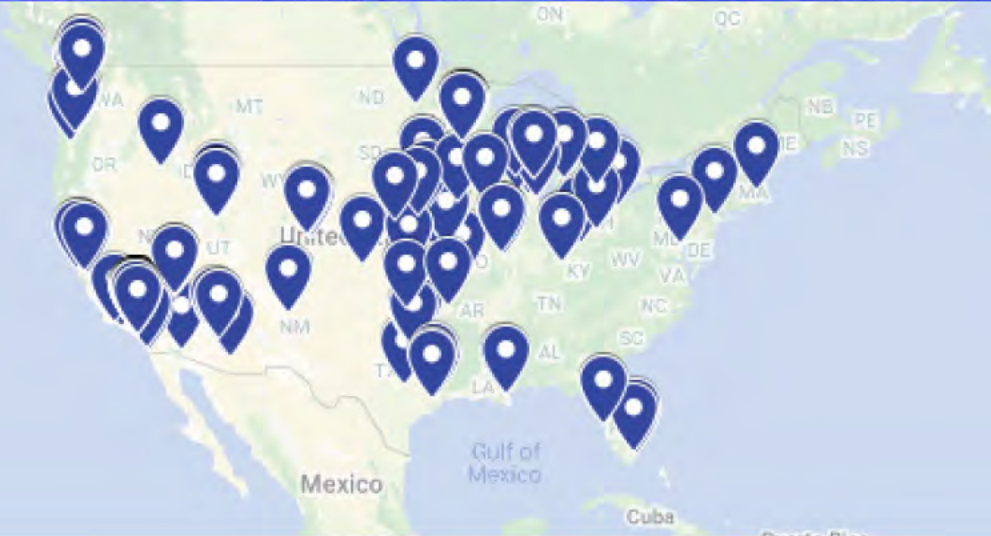
Young Baby Betel Nut

Trái Cau Tươi

40 X 1 LB, 777 brand, Vietnam



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hundreds of
customers across 20+ states.



Imported Direct = Great Prices

Our prices are competitive because we import directly from suppliers around the world.

And we work directly with our suppliers to get a wide range of products not carried by other importers.



Based in South El Monte, California



Our 777 Brand

Look for the lucky fish across a variety of frozen seafood products, representing great quality and great value.



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隆珍海產公司



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